

**2024-25 West Regional**

*Special Events Details*

(See schedule on page 2)

**Celebration of Life: Honoring Meah Sandoval**

*Saturday, March 29 @ 1:00 pm*

Join us as we come together to honor the life of Meah Sandoval, a beloved member of our GA family from Capital FC’s 2011 team. Meah’s bright spirit and kind heart touched so many, and her presence is truly missed. We invite you to take a moment with us to celebrate her life alongside her club and family. In her honor, we encourage everyone to wear purple on Saturday — her favorite color — as we remember and cherish the light she brought to our community.

**Female Footballers Player Education Sessions**

*Saturday, March 29 – 4 sessions throughout the day*

***Stop by the Female Footballers Tent for a chance to feature on the Female Footballers Podcast!***

The Advisory Panel is thrilled to partner with Female Footballers to host 4 x 45-minute educational sessions for players!

* **Healthy Habits for High Level Players** - 11:00 am & 2:00 pm
* **Cultivating Confidence in Competitive Environments** - 12:00 pm & 3:15 pm

For more information about Female Footballers, session descriptions and to register to attend, please see the [Girls Academy x Female Footballers at West Regional](https://thegirlsacademy-my.sharepoint.com/:w:/g/personal/admin_girlsacademyleague_com/EUmvTBFd06pOj4yiaABC6E8Bdr8yEBhj5KbxnSxAZy6okQ?e=64jV0w) document.

**Sportsmanship Initiative**

*Taking Place during ALL Friday and Saturday matches. Raffle Winners Announced Sunday Afternoon.*

In line with our commitment to fostering a positive and fair environment, we will be recognizing displays of outstanding sportsmanship on the field. Match Officials will identify one player in each game who demonstrates exceptional sportsmanship to receive the "Sportsmanship Award." Each selected player will be invited to visit the Advisory Panel Tent after the match, where they’ll be entered into a raffle for a new pair of Adidas cleats.

**Celebrate Women’s History Month with the Advisory Panel**

*Taking Place Throughout the Event*  
 Join us at the Advisory Panel tent to celebrate Women’s History Month! Players are invited to take part in our interactive activity, where you can recognize an inspirational woman in your life. Share your stories and help us honor the incredible women who have made a difference. Don’t miss this chance to celebrate, connect, and be inspired!

**Goalkeeper Clinics**

*Friday, March 28 @ 12:30 pm & 3:30 pm*

We invite your attending Goalkeepers to join us for focused goalkeeper training led by experienced coaches designed to enhance your skills and deepen your game awareness. Sessions are capped at 30 participants.

* Location: SoCal Sports Complex, Field 15
* Details: This session is open to all goalkeepers registered with a team at the West Regional
* Register here: [West Regional Goalkeeper Clinic Registration Form](https://app.smartsheet.com/b/form/de4ca4c7f5d1427792d6840b0adfb31f)

Registration Deadline is Wednesday, March 26 at 12pm PST, any registrations after the 30 GK cap is reached will be put on a waitlist. Inquires can be directed to Sierra Cardenas at [admin@girlsacademyleague.com](mailto:admin@girlsacademyleague.com).

**U12 Girls Academy Introduction Session**

*Friday, March 28 @ 1:00 PM*

Join us for a special U12 Girls Academy Informational Session! We’re inviting pre-GA players to meet our commissioner, "Trish the Commish," and discover what it’s like to be a part of the Girls Academy. This is a great chance to learn more about the GA, ask questions, and find out what it truly means to be a GA player! Don’t miss out on this exciting opportunity to get a glimpse of the GA experience!



**2024-25 West Regional**

*Special Events Schedule*

**Friday, March 28**

* **12:30 PM** – Goalkeeper Clinic, Session 1
  + *Location: SoCal Sports Complex, Field 15*
* **1:00 PM** – U12 Girls Academy Introduction Session
  + *Location: Player’s Lounge*
* **3:30 PM** – Goalkeeper Clinic, Session 2
  + *Location: SoCal Sports Complex, Field 15*

**Saturday, March 29**

* **11:00 AM** – Female Footballers: Healthy Habits for High Level Players
  + *Location: Players' Lounge*
* **12:00 PM** - Female Footballers: Cultivating Confidence in Competitive Environments
  + *Location: Players' Lounge*
* **1:00 PM** – Celebration of Life: Honoring Meah Sandoval
  + *Location: Player Village*
* **2:00 PM** – Female Footballers: Healthy Habits for High Level Players
  + *Location: Players' Lounge*
* **3:15 PM** - Female Footballers: Cultivating Confidence in Competitive Environments
  + *Location: Players' Lounge*

**Sunday, March 30**

* **Afternoon** – Sportsmanship Initiative Raffle Winners Selected